



Archer Expression of Interest

Background

The South Queensland Archery Society Inc (SQAS) is calling for expressions of interest from archers to take part in a development program for archers who want to learn more about training effectively and want to represent SQAS at national level and to represent Archery Australia (AA) Internationally. It is intended to bridge the gap between developing archers at club level and take the archers through to entry into the AA High Performance Programs.

The development program will be run by a head coach and focus on basic technical skills, equipment selection, training plans with a focus on selection into SQAS teams for National target and youth championships as well as entry into AA National youth and development squads.

Requirements

Archers will be required to:

- ✚ Commit to attending 2 training sessions per week (one mid week evening and a half day on the weekend (Sunday))
- ✚ Confirm willingness to maintaining commitment to set training plans and program
- ✚ Have been an SQAS member for a minimum one year; and
- ✚ Met the Minimum Qualifying Scores (refer Attachment 1) as determined by SQAS.

Term of development program

The program will initially be for a period of three months after which the program and the archers progress will be reviewed.

Program Location

The initial program will be run at Samford Valley Target Archers, Samford

Costs

Archers will be required to contribute to the cost of running the program (Coach payment and use of facilities costs).

Each archer will be required pay a weekly fee of \$50 to SQAS to be collected monthly in advance.








SQAS Archer Development Program

If you are interested in applying to be part of the development program please complete the following EOI and submitted it to:

ranking@archerysqas.org.au by 5.00pm on 3 February 2025.

Full Name:	
DOB:	
Email Address:	
Mobile Phone:	
Current Club:	
Age division: (e.g. Open, Under 21, Under 18 etc.)	
State or National Representation Details:	
Bow Type : R, C, BB	
Best 3 QRE scores:	1.
Since 1 st July 2024	2.
Please include distance (e.g. 70m, 60m or 50m) and date of QRE.	3.

By completing the EOI you are agreeing to:

-  Commit to attending 2 training sessions per week (one mid week evening and half day on the weekend (Sunday))
-  Confirm willingness to maintaining commitment to set training plans and program,
-  Have been an SQAS member for a minimum one year; and
-  Met the Minimum Qualifying Scores (refer Attachment 1) as determined by SQAS
-  Payment of coaching contribution (\$50 per week) to SQAS on a monthly basis.

If you are Under 18 a parent or guardian must also sign the EOI.

SIGNED:

DATED:

PARENT/GUARDIAN:



SQAS Archer Development Program

Attachment 1

Minimum Qualifying Scores for SQAS Development Program				
	Recurve	Compound	Para Archers	Bare Bow
Male (Open, U21)	570 @ 70m	640 @ 50m	Compound 600 Recurve 520 W1 530 V1 170 V2/3 320	550 @ 50m
Female (Open, U21)	550 @ 70m	610 @ 50m	Compound 570 Recurve 470 W1 470 V1 170 V2/3 320	510 @ 50m
U18 Male	570 @ 60m	600 @ 50m		
U18 Female	550 @ 60m	600 @ 50m		
U16 Male	570 @ 40m	620 @ 40m		
U16 Female	550 @ 40m	600 @ 40m		
U14 Male	570 @ 30m	620 @ 30m		
U14 Female	550 @ 30m	600 @ 30m		